RELEASE

I know that riding a bicycle is a potentially hazardous activity and that I should not enter and ride unless I am medically able to do so. I assume all risks associated with riding in the Ride for Rockville including, but not limited to, falls, contact with other participants, the effects of the weather (including heat and humidity), traffic and the conditions of the road, all such risks being known and appreciated by me.

In consideration of the right to participate in the Ride for Rockville, and in further consideration of the arrangements made for me by the Mayor and Council of Rockville, (the City) through its Department of Recreation and Parks for food, travel and recreation, I do hereby, on behalf of myself, my child, our heirs, executors, administrators and assigns, assume the above-mentioned risks. I further release, hold harmless and indemnify the City and all of its agents, officers and employees from any and all claims for injuries or loss to any person or property which may arise out of, or result from, my or my child's participation in the above-referenced program, activity. I will wear an ASTM or SNELL certified helmet when riding a bike during the Ride for Rockville. I will obey all Maryland traffic laws and regulations. I understand if I leave the route, I am no longer on the ride. I further authorize the City to use any photographic, video or other record of this event for any legitimate purpose without compensation to me.

Signature of Participant (guardian if under 18)

Date

Entry MUST be signed by the rider (parent or guardian if rider is under 18).

One rider per form.

Copy this form for additional riders.



Urban Bike Tour to benefit rockville's kids

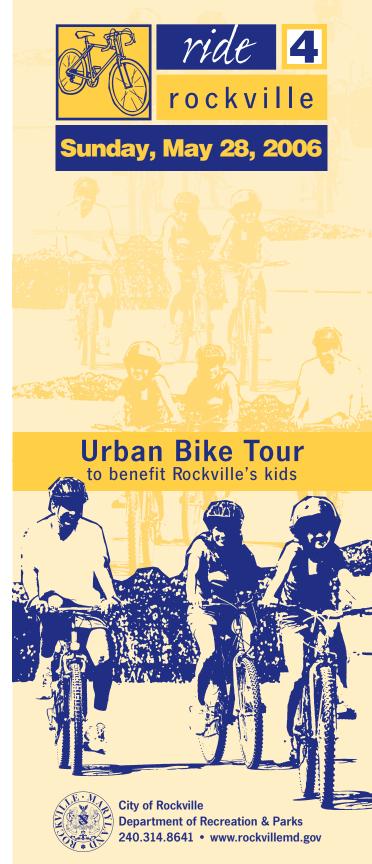
Sunday, May 28, 2006

register early and save!

For more information call 240.314.8641

Or visit the Rockville Website at www.rockvillemd.gov/recreation/bicycling/ride-rockville







Start Times:

Registration opens at 7 a.m. 25-mile ride starts at 8 a.m. 10-mile ride starts at 8:30 a.m.

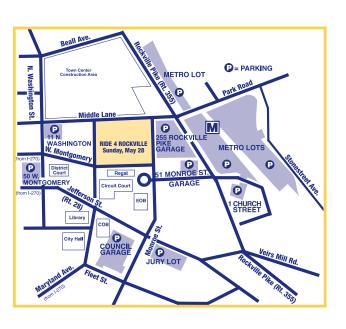
Registration Fee:	Early-Reg. (by May 10)	Pre-Reg. (by May 26)	Day of (May 28)		
10-mile Ride & 25-mile Ride	\$25/Adult \$15/Child (12 & under)	\$35/Adult \$25/Child	\$45/Adult \$30/Child		

- All participants must wear an ASTM or SNELL certified helmet.
- Riders under 16 must be accompanied by an adult.
- Registration entitles riders to a fully supported ride, a ride packet, T-shirt, random awards, plus complimentary refreshments and entertainment after the ride.

Start Location:

Rockville Town Center

All rides begin and end at Maryland Avenue and East Montgomery Avenue in front of the Regal Cinemas in Rockville.



two rides to choose from

10-Mile Ride: An easy ride for the novice cyclist. Discover the Millennium Trail, an off-road path that circles Rockville as a "Bicycle Beltway." A great ride for families!

25-Mile Ride: A more challenging ride winding throughout Rockville on low volume streets and bike lanes. Sights and stops will include Lincoln Park and the East Rockville neighborhoods, Fallsgrove and King Farm neighborhoods, the historic West End and Twinbrook. If you are feeling tired, you can take a break and enjoy some refreshments when you pass through Town Center.

Fully Supported: Snacks and drinks provided at rest/ refreshment stops in Town Center. Bike mechanics, first aid and a sag wagon are available at a moment's notice. Volunteers will be available along the routes for your comfort.

get in gear

Getting There: Ride begins in Rockville Town Center at East Montgomery and Maryland Avenue. Easily accessible by bike from most areas of Rockville, participants are encouraged to bike to the site. Free parking is available in the Monroe Street parking garage only 100 yards from the check-in site.

Metro Accessible: Take the Red Line to Rockville. Cross Rockville Pike via the upper level overpass, follow the promenade two blocks to Maryland Avenue. Check-in is in the parking lot across from Regal Cinemas.

Rules of the Road: Please note that *roads will not be closed* to vehicular traffic during the ride. Major road crossings are made at intersections with signals. Riders are expected to follow the "rules of the road," wear a helmet and to ride in a safe manner. All riders will be required to sign the attached release.

packet pick-up

Packet pick-up and day-of registrations will be held from 7-8:30 a.m. on the morning of the ride.

REGISTER EARLY AND SAVE! No refunds. Day of registration does not guarantee a T-shirt on ride day. For more information, Call 240-314-8641 or visit the Rockville Web site at www.rockvillemd.gov/recreation/bicycling

benefit to raise money for rockville kids

The City of Rockville is committed to providing a safe environment for our children whether walking or biking. Therefore, all proceeds from this ride go to the Rockville Youth Recreation Fund and Rockville Bike Fund, which provide recycled bikes, helmets, lights, locks and safety programs to the children of Rockville.

- The Rockville Bikeway Fund supports programs that promote safe bicycling in Rockville by providing safety gear, helmets, recycled bikes and safety programs to the children of Rockville.
- The Rockville Youth Recreation Fund provides financial assistance to children who otherwise would not be able to participate in our programs and activities. Funds are available to residents within the corporate boundaries of Rockville who meet the financial requirements.

how to register

All registrants will receive a T-shirt. Please remember to list your size on the registration form.

- Internet: Go to the City's Web site at www.rockvillemd.gov and register through "Rock Enroll" activity number 18936. If this is your first registration with Rock Enroll, you will need to obtain an identification number. Directions are on the Web site. Credit card payments only. Internet registration ends at 4 p.m. on May 26. Late registrations are not accepted until the morning of the ride.
- By Mail: Mail the completed registration form with a check or credit card information to: City of Rockville:
 Ride For Rockville, 111 Maryland Ave., Rockville, 20850.
 One participant per form. Make check payable to City of Rockville. Mailed registrations must be received by 4 p.m. on May 26. The City is not responsible for registrations lost in the mail. Late registrations are not accepted until the morning of the ride.
- By Fax: Fax the completed registration form by 4 p.m.
 May 26th to City of Rockville at 240-314-8659. Include credit card information and your signature.
- Walk-in: Bring your check, cash or credit card to the Recreation Desk on the upper level of Rockville City Hall, 111 Maryland Avenue, Rockville, Maryland between 8:30 a.m. and 4:30 p.m. weekdays through May 26.

Please read and sign the following.

registration form - Act. #18936

Route: (check one) □ 10-mile Ride or □ 25-mile Ride

one form per person - make copies for additional riders

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